

## Module 7: The Five Needs of Parents 500 pages

### 1. The Need to Understand Yourself as a Parent

- What Is a Parent Trap?
- 20 Traps of Parents
- 13 Correct Principles
- Five Parental Responsibilities
- Four Steps to Trust

### 2. The Need to Understand the Child

- Four Stages of Cognitive Development
- Eight Stages of Psychological Development
- Development Stages Chart
- Parents and Teenagers
- Issues That Create Problems for Adolescence
- Characteristics of Children by Birth Order
- How Do I Correctly Use Punishment?
- Sibling Rivalry

### 3. The Need for a Closer Family

- Reasons for Decline in Family Closeness
- Recognize the Natural Communication Blocks
- Take Time to Establish Relationships
- Communication Starters
- Parental Disciplines or Control Explained
- Guidelines That Make for a Close Family
- Establish a Family Government
- Boundaries and Codependency
- The Need for Moral Behavior
  - Deciding What is Moral
  - How Values and Beliefs Are Communicate

#### 4. The Need for a Shared Faith

- Issue of Sharing Faith
- What Faith Can Mean to an Adolescent
- Religious Perceptions and the Behaviors Associated With Those
- Decline in Religious Interest
- Faith Shared in the Natural Flow of Home Life

#### 5. The Need for Outside Help

- Where a Parent Can Go For Help
- Four Ingredients Needed in Outside Help
- Helpful Support Groups
- Out-of-Control Behaviors and What Parents Can Do
- Natural and Logical Consequences

### **GRANDPARENTING, 44 pages**

- The Opportunities for Grandparents
- The Role of a Grandparent in a Child's Life
- The Dreaded Words
- Grandparents as Mentors
- .Time There Is Never Enough of It
- Discipline Grandchildren to Obey Your Rules
- Abuse of Your Grandchildren
- Different Scenarios
- The Joy of Reading
- Bonding For Grandparents and Grandchildren
- Long-distant Grand-parenting
- Entertaining Grandkids Ages 3-5
- Entertaining Grandkids Ages 5-8
- Entertaining Grandkids Ages 8-12
- Entertaining Grandkids Ages 12-15
- Entertaining Grandkids Ages 15 And Above
- Children of Divorced Parents Have A Moral Right To Their Grandparents

- Grandparents Have a Right to Grandchildren
- What Can Grandparents Do About Seeing Their Grandchildren In The Case Of Divorce or Conflict
- Four General Rules for Seeing Your Grandchildren
- The Alternatives to Court for Grandparents
- There Are Other Alternatives
- The Time for Court For Grandparents
- What If You Fail?
- What Signals Childhood Depression?
- Time-out Discipline Tips
- Time-out Discipline Defined
- Time-out Location
- How to Choose A Time-out Location
- Places to Be Avoided
- Time Out by Age
- Grand-pa's Birthday Book

### **PRE-PARENTING, 25 pages**

- Partnership before Parenthood
- Divorce often occurs when children become independent.
- How has this condition developed?
- First, we have become afraid of our children.
- Second, we have surrendered to a permissiveness that is both unworkable and devastating.
- Third, we have adversely related to our own failures and deficiencies.
- What can be done about this unhealthy situation?
- How you treat your partner is more important than how you treat your children.
- A radiant partnership is necessary for the right marriage example.
- Marriage is permanent while parenthood is only temporary.
- Four Practical Suggestions
- Parenthood: Pace Yourself, Brace Yourself
- Parenting Facts of Life

**BULLYING, 45 pages** (Included in this course is a bullying questionnaire.)

- The History of Bullying
- What is a bully?
- The Definition of Bullying: What It Involves and Related Problem
- A Threshold Problem: The Reluctance To Report
- 8 Reasons for Not Telling
- 6 Actions In Each Bullying Act
- Bullying Behavior
- Certain similarities by gender, age, location, and type of victimization appear in bullying in the U.S. and elsewhere.
- Incidents of Bullying
- Victims of Bullying
- Consequences of Bullying
- Chronic Victims of Bullying
- Understanding Your Local Problem
- Why focus on bullying
- The School's Responsibility
- Bullying in Schools
- Extent of Bullying
- Characteristics of Bullies and Victims
- Consequences of Bullying
- Perceptions of Bullying
- Intervention Programs
- Asking the Right Questions
- General Requirements for an Effective Strategy to Counter Bullying in Schools
- Specific Responses to Reduce Bullying in Schools
- The Parent Responsibility
- How can parents get involved?
- The School's Response to Parents
- How to Tell If My Child Is Being Bullied

- How to Tell If Your Child Is Bullying Others
- Is Your Child a Bully, a Victim or a Bystander
- Managing a Kid Who Is a Bully
- Are you raising a victim?
- Are you raising a bully?
- Are you raising a bystander?
- Ten Possible Solutions
- Personal Responsibility